



Serenity

The Art of Well Being

SPA MENU

Serenity - The Art of Well Being provides the perfect environment and personalized experiences to relax, heal and revitalize. The Serenity menu has been created for those seeking effective holistic and modern therapies that result in an improved and healthy quality of life. Our carefully selected skin care brands provide those who seek us with the widest choice of treatments and home care options, for looking and feeling your best.

★ **STAR TREATMENTS**

The treatments marked by a star are the most popular and favored by our clients.

01.

THERMAL OASIS

Serenity - The Art of Well Being invites you to join this journey of tranquility and to find the time to relax in our Thermal Oasis. Simply close your eyes and enjoy our facilities that include:

Herbal Sauna
Himalayan Salt Sauna
Steam Room
Kneipp Pool
Hydrotherapy Pool
Outdoor Jacuzzi
Indoor and Outdoor Relaxation Areas
Ice Fountain
Experience Showers

The minimum age requirement for access to the Thermal Oasis is 16 years old.

02.

SIGNATURE TREATMENTS

★ Senses of the Algarve

🌐 80min | 180€

Relying on the most traditional ingredients of the Algarve, the signature treatment from Serenity - The Art of Well Being, at Pine Cliffs Resort, is a true journey through the best that the Algarvian region has to offer. The treatment starts with a scrub of Fleur-de-Sel from Ria Formosa and sand from Falésia beach. Prepared carefully by the Serenity team, these ingredients contribute to the purification of your skin, letting the pores breathe and preparing the skin for the next step: the carob wrap. This is one of the most famous products of the Algarve, recognized for its health-giving properties. Naturally rich in selenium, carob also contributes to a balanced thyroid, and its gallic acid and tannins, very well-known for its antioxidant and antibacterial features, are especially important in the treatment of oily and damaged skin. To finish, you will be able to enjoy a full body hydration with essential orange-oil from the Algarve which will enhance the carob advantages. The antioxidant properties of the orange are a great contribution for the prevention of premature aging, fighting the free radicals. After the treatment, enjoy peaceful moments in our relaxation room, with a lemon-grass tea, a product of the region as well, to improve your tranquillity sensation.

Add-ons

CBD Welcome Drops | 6€
Luxury Eye Treatment | 50€

UPGRADES*

Back Massage 25min | 60€
Express Facial 25min | 65€

* Upgrade service prices may differ from single service prices.

02.

SIGNATURE TREATMENTS

Serenity Journey

 110min | 240€

A deeply relaxing and nourishing massage, followed by a soothing facial treatment to promote inner balance.

Add-ons

Lift & Firm Range | 35€

Extraction | 50€

Luxury Eye Treatment | 50€

Ocean View Massage

 50min | 165€ -  80min | 195€

Full body relaxing massage performed in the outdoor gardens.

CBD Journey

 110min | 250€

The ritual begins with a moment of inner balance, enhanced by our CBD Drops. Immerse yourself in a deeply calming experience with a revitalizing massage, infused with the soothing properties of CBD to rebalance your energy and quiet the mind. Continue your journey with a unique CBD facial, combining powerful anti-aging and anti-inflammatory benefits with expert therapeutic techniques for visibly refreshed, radiant skin.

Add-ons

Extraction | 50€

Luxury Eye Treatment | 50€

UPGRADES*

Senses of the Algarve Bath 20min | 50€

Indian Head Massage 25min | 60€

Reflexology 25min | 60€

* Upgrade service prices may differ from single service prices.

03.

AYURVEDA TREATMENTS

Rooted in India's 5.000-year-old Ayurvedic tradition, our treatments aim to balance the three doshas – Vata, Pitta, and Kapha – the energies that govern your physical, emotional, and mental state. Formed by the five natural elements, each dosha reflects a unique mind-body type. Vata (air & ether) governs movement and benefits from warmth and relaxation; Pitta (fire & water) controls metabolism and is soothed by cooling, calming therapies; Kapha (earth & water) provides stability and needs stimulation and lightness. Our tailored rituals blend traditional Ayurvedic techniques with natural Portuguese elements, herbal oils, aromatherapy, and soothing music. Each treatment is a sensory journey, designed to restore harmony, vitality, and inner peace.

Ayurvedic Massage

🌐 50min | 155€ - 🌐 80min | 195€

A unique Ayurvedic massage, carefully tailored to your dosha, with locally infused oils. The experience is enhanced with aromatic tea and an exclusive music selection, designed to restore harmony and revitalize your vitality.

Add-ons

CBD Welcome Drops | 6€

03.

AYURVEDA TREATMENTS

Floral Symphony Therapy

🌐 80min | 210€

An immersive journey that combines the therapeutic effects of Ayurvedic massage, personalized oils, relaxing aromatherapy, and music specially chosen for your dosha. The program begins with a purifying foot ritual, followed by an Ayurvedic massage tailored to your needs. Herbal oils and locally sourced aromas are used to balance both body and mind. The experience culminates in a moment of relaxation as you savor a tea specially prepared for your dosha.

Add-ons

CBD Welcome Drops | 6€

★ Vibrations of Tranquility

🌐 110min | 245€

Inspired by the rich local flora of Portugal, this therapy begins with an herbal bath, followed by aromatherapy, chromotherapy, and a gentle massage designed to balance the doshas. This luxurious experience is crafted to revitalize both body and mind, culminating in a moment of relaxation as you savor a tea specially prepared for your dosha.

Add-ons

CBD Welcome Drops | 6€

04. CBD

What is CBD and how does it work?

CBD is a non-psychoactive compound found in the cannabis plant. CBD interacts with the endocannabinoid system in our body which helps to keep our bodies in balance. CBD appears to be able to influence the immune system, helping to alleviate pain, reduce insomnia, anxiety, nausea and inflammation.

What is the difference between CBD and cannabis?

CBD doesn't have the psychoactive properties of THC (Tetrahydrocannabinol) found in marijuana/cannabis. To make a product legally compliant it must contain less than 0.2% THC. The CBD in the products we sell is standardized to contain less than 0.2% THC, this is a level below the amount considered to result in any psychoactive effect.

CBD Body Calm Massage

🌐 50min | 135€ - 🌐 80min | 170€

A vital body massage that reconnects a positive flow of energy, restores balance and leaves your mind, body and spirit calm and soothed. It activates the Solar Plexus and restores a natural vibrant energy.

Add-ons

CBD Welcome Drops | 6€

★ CBD Gold Age Restore Facial

🌐 80min | 180€

A unique facial that combines the anti-inflammatory and anti-aging effects of CBD with the effective techniques of 'Nerve Point Therapy' and 'Polarity Balancing'.

Add-ons

Extraction | 50€

Luxury Eye Treatment | 50€

UPGRADES*

Foot Scrub 10min | 15€

Serenity Bath 20min | 50€

Indian Head Massage 25min | 60€

* Upgrade service prices may differ from single service prices.

05. COUPLES

★ Senses of the Algarve & Aurum Suite

✉ 80min + 60min | 455€

Relying on the most traditional ingredients of the Algarve, this signature couple's treatment is a true journey for two, through the best that the Algarvian region has to offer. The experience starts with a scrub of Fleur-de-Sel from Ria Formosa and sand from Falésia beach. Prepared carefully by the Serenity team, these ingredients contribute to the purification of your skin, letting your pores breathe and preparing your skin for the next step: the carob wrap. This is one of the most famous products of the Algarve, recognized for its health-giving properties. Naturally rich in selenium, carob also contributes to a balanced thyroid, and its gallic acid and tannins, very well-known for its antioxidant and antibacterial features, are especially important in the treatment of oily and damaged skin. To finish, you will be able to enjoy a full body hydration with essential orange-oil from the Algarve which will enhance the carob advantages. The antioxidant properties of the orange are a great contribution for the prevention of premature aging, fighting the free radicals. After the treatment, enjoy peaceful moments together in our Aurum Suite, with a lemon-grass tea, a product of the region as well.

Add-ons

CBD Welcome Drops | 6€ per person
Luxury Eye Treatment | 50€ per person

UPGRADES*

Aurum Suite +60min | 95€
2x Back Massage 25min | 120€
2x Senses of the Algarve Massage 50min | 280€

* Upgrade service prices may differ from single service prices.

05. COUPLES

Thalgo Iles Pacifique Ritual & Aurum Suite

✉ 80min + 60min | 495€

A journey over the waters of the Pacific for two. Three sensory stopovers on Polynesian islands, from which the body returns replenished and relaxed.

Add-ons

Luxury Eye Treatment | 50€ per person
Extra Bottle of Champagne | 115€

Serenity Journey & Aurum Suite

✉ 110min + 60min | 575€

A deeply relaxing and nourishing massage for couples to enjoy together, followed by a soothing facial treatment to promote inner balance.

Add-ons

Luxury Eye Treatment | 50€ per person
Extra Bottle of Champagne | 115€

CBD Journey & Aurum Suite

✉ 110min + 60min | 595€

A calming journey for couples, the ritual begins with a moment of balance, enhanced by our CBD Drops. Next, a revitalizing CBD massage that rebalances energy and soothes the mind, followed by a unique CBD facial with anti-aging and anti-inflammatory benefits for radiant skin.

Add-ons

Luxury Eye Treatment | 50€ per person
Extra Bottle of Champagne | 115€

UPGRADES*

Aurum Suite +60min | 95€

* Upgrade service prices may differ from single service prices.

06. AURUM SUITE

Aurum Suite

✉ 60min | 150€ - ✉ 180min | 350€

A luxurious and private suite for those who seek to indulge in the very best at Pine Cliffs Resort. The Aurum Suite is designed to spoil and indulge guests with its own private steam room, sauna, jacuzzi, experience shower, double treatment room and lounge area. The Aurum Suite is perfect for those that wish to celebrate a special day, spoil a loved one or simply have the ultimate Serenity - The Art of Well Being experience. To complete the experience, a complimentary bottle of champagne is included.

Add-ons

Product: Glove & Scrub 200g | 60€
Extra Bottle of Champagne | 115€

07. FACIAL TREATMENTS

SENSAI

Express Facial

🌐 25min | 85€

Designed to cleanse, hydrate, and brighten quickly, this Express Facial is perfect for a refreshed and luminous complexion in no time.

Add-ons

Extraction | 50€

Luxury Eye Treatment | 50€

Purifying Facial with Extraction

🌐 65min | 160€

Cleansing and purifying treatment with extraction, reduces pores and improves skin texture.

Add-ons

Luxury Eye Treatment | 50€

Lift & Firm Facial

🌐 50min | 170€

Lifting and firming treatment that improves density and elasticity of the muscles, stimulates the production of collagen, defines facial contours, improves hydration and reduces wrinkles.

Add-ons

Extraction | 50€

Luxury Eye Treatment | 50€

★ Ultimate Facial & Luxury Eye Treatment

🌐 80min | 250€

Highly regenerative treatment, protects and repairs genetic damage of all skin cells.

Add-ons

Luxury Hand Treatment | 30€

Extraction | 50€

UPGRADES*

Foot Scrub 10min | 15€

Serenity Bath 20min | 50€

Indian Head Massage 25min | 60€

* Upgrade service prices may differ from single service prices.

07. FACIAL TREATMENTS



Express Bliss Face Therapy

 25min | 80€

A perfect quick-fix for dehydrated and tired skin, to recover a blissful and glowing face.

Add-ons

Extraction | 50€

Luxury Eye Treatment | 50€

Crystal Healing Face Therapy

 50min | 145€

This treatment harnesses the healing vibrations of crystals to release tension and revitalise the skin.

Add-ons

Extraction | 50€

Luxury Eye Treatment | 50€

★ CBD Gold Age Restore Facial

 80min | 180€

A unique facial that combines the anti-inflammatory and anti-aging effects of CBD with the effective techniques of 'Nerve Point Therapy' and 'Polarity Balancing'.

Add-ons

Extraction | 50€

Luxury Eye Treatment | 50€

UPGRADES*

Foot Scrub 10min | 15€

Serenity Bath 20min | 50€

Indian Head Massage 25min | 60€

* Upgrade service prices may differ from single service prices.

07. FACIAL TREATMENTS



Booster Facial

🌐 25min | 75€

Quick and efficient, the Booster Facial allows the skin to be expertly cleansed, toned, and soothed using a combination of products. This facial has been conceived as an introduction to those who never had one before or for those who just want a quick but effective treatment.

Add-ons

Extraction | 50€
Luxury Eye Treatment | 50€

Detox Facial

🌐 50min | 125€

A deep cleansing facial that helps to resurface the skin by unblocking pores and relieving congestion while instantly improving the skin tone. All the products used help detoxify and replenish the skin.

Add-ons

Extraction | 50€
Luxury Eye Treatment | 50€

OTHER SERVICES

Gentlemen's Manicure | 40€
Gentlemen's Pedicure | 60€

07. FACIAL TREATMENTS



★ Anti-aging Facial & Luxury Eye Treatment

🌐 50min | 150€

The Anti-Aging Facial stimulates cell metabolism to lift, tighten and firm the skin. This facial will help to promote a more youthful complexion leaving the skin looking significantly refreshed, brighter and lifted. It helps promote collagen production, cell renewal, and increased hydration, softening the appearance of fine lines and wrinkles.

Add-ons

Extraction | 50€

Booster Facial & Back Treatment

🌐 50min | 115€

A selected blend of Gentlemen's Tonics' products are used for this Booster Facial and Back Massage, which will help remove congestion and nourish the skin whilst improving overall blood circulation.

Add-ons

Extraction | 50€

Luxury Eye Treatment | 50€

OTHER SERVICES

Gentlemen's Manicure | 40€

Gentlemen's Pedicure | 60€

08. BODY TREATMENTS

CHARME D'ORIENT BODY TREATMENTS

Pink Crystals & Argan Shell Scrub

 20min | 65€

Body scrub with remineralizing pink clay, sugar crystals and argan shell particles to eliminate the dead cells and impurities.

Add-ons

CBD Welcome Drops | 6€

★ The Secrets of Argan

 80min | 180€

A getaway into the heart of Morocco, combining a mineral clay scrub, a body wrap with Ghassoul and a hydration with argan butter that will leave the skin soft and remineralized.

Add-ons

CBD Welcome Drops | 6€

Luxury Eye Treatment | 50€

UPGRADES*

Back Massage 25min | 60€

Indian Head Massage 25min | 60€

Express Facial 25min | 65€

* Upgrade service prices may differ from single service prices.

08. BODY TREATMENTS

CHARME D'ORIENT BODY RITUALS

★ Hammam Ritual

✉ 50min | 185€

The Ritual begins with steam and a scrub with Black Soap and a Kassa glove, followed by a wrap with a purifying Ghassoul mask, leaving your skin breathtakingly soft and silky.

Add-ons

CBD Welcome Drops | 6€

Turkish Bath Ceremony

✉ 50min | 185€

The Ceremony begins with steam and a scrub with Black Soap and a Kassa glove, followed by a massage in a cloud of foam, leaving your skin smooth and nourished.

Add-ons

CBD Welcome Drops | 6€

08. BODY TREATMENTS

THALGO BODY TREATMENTS

Marine Scrub

 20min | 65€

With its creamy and soothing texture due to Chondrus Crispus red algae, this scrub delicately exfoliates the skin.

Add-ons

CBD Welcome Drops | 6€

Iles Pacifique Scrub

 20min | 65€

Ultra-sensory, this scrub combines white sand of Bora-Bora, sea salt, coconut shells and vegetable oils to exfoliate and gently nourish the skin.

Add-ons

CBD Welcome Drops | 6€

★ Iles Pacifique Ritual

 80min | 180€

A journey over the waters of the Pacific. Three sensory stopovers on Polynesian islands, from which the body returns replenished and relaxed.

Add-ons

CBD Welcome Drops | 6€
Luxury Eye Treatment | 50€

UPGRADES*

Back Massage 25min | 60€
Indian Head Massage 25min | 60€
Express Facial 25min | 65€

* Upgrade service prices may differ from single service prices.

08. BODY TREATMENTS

THALGO BODY WRAPS

Marine Detox Body Wrap

 50min | 130€

The algae will help to reshape and firm the silhouette.
A real marine sensation with a scrub and body wrap
to re-energise and nourish the body.

Add-ons

CBD Welcome Drops | 6€

★ Sudatonic Sculpting & Slimming Body Wrap

 80min | 175€

Innovative slimming method of sweating through
heat, with significant volume reduction.

Sudatonic Sculpting & Slimming Body Wrap

 Pack of 6 sessions | 900€

08. BODY TREATMENTS

BATHS

★ **Serenity Bath**
🌐 20min | 65€

A serene soak with a soothing bath oil to calm the senses.

Add-ons
CBD Welcome Drops | 6€

Senses of the Algarve Bath
🌐 20min | 65€

Immerse yourself in an uplifting escape. Let the warm waters and vibrant citrus aroma transport you to the region's fragrant groves, leaving you refreshed and serene.

Add-ons
CBD Welcome Drops | 6€

Thalgo Marine Detox Bath
🌐 20min | 65€

A relaxing algae bath to help reduce excessive body fat and cellulite. A perfect detoxifying journey to restore vitality.

Add-ons
CBD Welcome Drops | 6€

UPGRADES*

Back Massage 25min | 60€
Indian Head Massage 25min | 60€
Express Facial 25min | 65€

* Upgrade service prices may differ from single service prices.

09. MESSAGES

Indian Head Massage

🌐 25min | 85€ - 🌐 40min | 120€

Massage with scalp and neck focused movements. This Indian technique helps to stimulate circulation and reduce stress.

Add-ons

CBD Welcome Drops | 6€

Back Massage

🌐 25min | 85€ - 🌐 40min | 120€

Localized massage that relieves muscle tension in the back, shoulders and neck.

Add-ons

CBD Welcome Drops | 6€

CBD Cream/Concentrate | 15€

Leg Massage

🌐 25min | 85€ - 🌐 40min | 120€

Local massage on the legs contributing to the immediate relief of leg fatigue, fighting fluid retention and stimulating blood circulation.

Add-ons

CBD Welcome Drops | 6€

CBD Cream/Concentrate | 15€

Reflexology

🌐 25min | 85€ - 🌐 40min | 120€

Feet massage with rhythmic pressure on reflex points. It stimulates blood circulation and recovers energy from the affected organs.

Add-ons

CBD Welcome Drops | 6€

UPGRADES*

Foot Scrub 10min | 15€

Serenity Bath 20min | 50€

Express Facial 25min | 65€

* Upgrade service prices may differ from single service prices.

09. MESSAGES

Relax Massage

🌐 50min | 130€ - 🌐 80min | 165€

Full body massage with light pressure to improve blood circulation and muscle relaxation.

Add-ons

- CBD Welcome Drops | 6€
- Personalized with Essential Oil | 8€
- CBD Cream/Concentrate | 15€

Detox Massage

🌐 50min | 135€ - 🌐 80min | 170€

Full body light pressure massage using marine products to help release toxins.

Add-ons

- CBD Welcome Drops | 6€

Mother-to-be Massage (after 12 weeks)

🌐 50min | 135€ - 🌐 80min | 170€

A nourishing treatment, this is a full body relaxing massage, done in an adapted position for comfort.

4 Hands Balinese Massage

✉ 50min | 250€ - ✉ 80min | 380€

Full body balinese massage featuring two therapists giving a smooth and balanced treatment to relieve stress.

Add-ons

- CBD Welcome Drops | 6€
- Personalized with Essential Oil | 8€
- CBD Cream/Concentrate | 15€

UPGRADES*

- Foot Scrub 10min | 15€
- Serenity Bath 20min | 50€
- Express Facial 25min | 65€

* Upgrade service prices may differ from single service prices.

09. MESSAGES

Lymphatic Drainage Massage

 50min | 135€ -  80min | 170€

Localized massage, applying gentle pressure along the lymphatic system to help eliminate toxins and drain excess fluids.

Add-ons

CBD Welcome Drops | 6€

Slim Massage

 50min | 145€ -  80min | 180€

Massage with dynamic movements and specific techniques to help reduce cellulite.

Add-ons

CBD Welcome Drops | 6€

Deep Tissue Massage

 50min | 145€ -  80min | 180€

Full body massage applying pressure to specific points with vigorous movements that relieve muscle pain and accumulated tensions.

Add-ons

CBD Welcome Drops | 6€

Personalized with Essential Oil | 8€

Hot Stones (light pressure) | 8€

Sports Massage

 50min | 145€ -  80min | 180€

Full body massage with strong pressure and stretching to relieve muscles, tendons and ligaments.

Add-ons

CBD Welcome Drops | 6€

Personalized with Essential Oil | 8€

Hot Stones (light pressure) | 8€

UPGRADES*

Serenity Bath 20min | 50€

Aurum Suite 60min for 1 person | 95€

Aurum Suite 60min for 2 persons | 150€

* Upgrade service prices may differ from single service prices.

09. MASSAGES

Senses of the Algarve Massage

🌐 50min | 140€ - 🌐 80min | 175€

Full body massage with medium pressure and orange blossom oil.

Add-ons

CBD Welcome Drops | 6€

Holistic Massage

🌐 50min | 135€ - 🌐 80min | 170€

Full body massage with medium pressure and with specific essential oils to eliminate toxins and rebalance energy levels.

Add-ons

CBD Welcome Drops | 6€

Hot Stones Massage

🌐 50min | 135€ - 🌐 80min | 170€

Full body light pressure massage with volcanic hot stones used to relieve pain and muscle tension.

Add-ons

CBD Welcome Drops | 6€

UPGRADES*

Foot Scrub 10min | 15€
Serenity Bath 20min | 50€
Express Facial 25min | 65€

* Upgrade service prices may differ from single service prices.

09. MASSAGES

Abhyanga Massage

🌐 50min | 135€ - 🌐 80min | 170€

Full body light pressure and de-stress massage performed with herbal oils.

Add-ons

CBD Welcome Drops | 6€

Thai Massage

✉ 50min | 155€ - ✉ 80min | 195€

Full body massage with stretching movements and acupressure techniques. Done with clothes and without any oil.

Add-ons

CBD Welcome Drops | 6€

Shiatsu

✉ 50min | 155€ - ✉ 80min | 195€

Full body japanese massage with pressure points along the meridians to rebalance the energy. Done with clothes and without any oil.

Add-ons

CBD Welcome Drops | 6€

UPGRADES*

Serenity Bath 20min | 50€

Aurum Suite 60min for 1 person | 95€

Aurum Suite 60min for 2 persons | 150€

* Upgrade service prices may differ from single service prices.

OTHER SERVICES

Room Service Fee | 50€ - Couples room for 2 services

(Availability Upon Request)

10. SPECIALIZED SERVICES

Cold Water Immersion

✉ 25min | 50€ - ✉ Pack 5+1 | 250€

A cold-water immersion experience that revitalizes the body, reduces inflammation, and accelerates muscle recovery. This innovative treatment stimulates circulation, supports the immune system, and enhances mood through the release of endorphins. Ideal for athletes and wellness seekers alike, it promotes physical and mental well-being. Guided by expert professionals, each session ensures a safe and deeply invigorating escape.

10. SPECIALIZED SERVICES

Rehabilitation Session

✉ 25min | 85€ - ✉ 50min | 155€ - ✉ 80min | 190€

Rehabilitation supports the body's return to natural balance and freedom of movement. It is especially valuable when mobility or function is affected by life's transitions—whether due to age, injury, pain, or other imbalances—always with the belief that movement is essential to living well.

Watsu

✉ 25min | 60€ - ✉ 50min | 80€

Watsu is a deeply relaxing form of bodywork, where gentle movements are combined with massages, stretches, and pressures on acupressure points grounded in Zen-Shiatsu, while floating accompanied by the therapist in a pool. Physical benefits include relaxation, stretching, improved mobility, as well as a reduction in levels of stress and anxiety.

Nutrition Consultations

✉ Initial | 75€ - ✉ Follow-ups | 50€

Nutrition makes it possible to prevent or help to treat the state of illness and it is fundamental to achieving complete physical, mental and social well-being. At Serenity, all meal plans are personalized because each person has different needs with unique genetic expression, food reactions and biological rhythms.

11. CHILDREN

(UP TO 12 YEARS OLD)

Children Facial

🌐 25min | 75€

This facial treatment introduces junior spa goers to the benefits of relaxation and a skin care regime.

★ Children Massage

🌐 25min | 75€ - 🌐 40min | 105€

Relaxing body massage with natural oils for relaxation and an exceptional spa experience.

Princess Nails

25€

Nail colour for children.

12. TEEN (13 TO 16 YEARS OLD)

★ Teen Purifying Facial with Extraction

🌐 65min | 155€

A gentle yet effective facial designed for teenage skin. It deeply cleanses and purifies, helping minimize the appearance of pores, and leaving the skin feeling smooth, fresh, and balanced.

Teen Localized Massage

🌐 25min | 80€

Localized massage that relieves muscle tension in the back, shoulders and neck.

Teen Relax Massage

🌐 50min | 125€

Full body massage with light pressure to improve blood circulation and muscle relaxation.

13. PACKAGES

Time For Me

 110min | 250€

This is the Serenity retreat - so you can get out of the rut and relax, have time for yourself. This package includes breakfast, a body scrub, a full body massage, a facial and lunch.

Add-ons

CBD Welcome Drops | 6€
Luxury Eye Treatment | 50€

Time For Two

 50min | 270€

Share this experience with your loved one and enjoy two Holistic Massages in the couples room, with carefully selected essential oils to eliminate toxins and rebalance energy levels.

Add-ons

CBD Welcome Drops | 6€ per person
Luxury Eye Treatment | 50€ per person

Detox

 110min | 220€

Purify your body and boost your energy with this revitalizing Serenity package, which includes a body scrub, a body wrap and detox massage.

Add-ons

CBD Welcome Drops | 6€
Luxury Eye Treatment | 50€

UPGRADES*

Aurum Suite 60min for 1 person | 95€
Aurum Suite 60min for 2 persons | 150€

* Upgrade service prices may differ from single service prices.

13. PACKAGES

Renew & Restore

✉ 110min | 230€

Relax and rejuvenate with a Recovery Bath, followed by a Deep Tissue Massage. Take home a Serenity product to extend your wellness experience.

Add-ons

CBD Welcome Drops | 6€
Luxury Eye Treatment | 50€

Beauty Experience

🌐 110min | 295€

Indulge in a Rejuvenating Bath, followed by a Lift & Firm Facial with a Luxury Eye Treatment. Complete your experience with an invigorating Feet Scrub and soothing Leg Massage, and take home a Serenity product.

Add-ons

CBD Welcome Drops | 6€

Holistic Massage Pack

✉ 3x 50min | 360€ - ✉ 5x 50min | 600€

These packages include 3 or 5 Holistic Massages of 50min each.

ADDITIONAL INFO

The inclusions in these packages are non-transferable.
These packages are not eligible for other discounts or further benefits.

14. HANDS & FEET

MANICURES

Regular Polish - Classic

70€

Regular Polish - French

80€

Gel Polish - Classic

85€

Gel Polish - French

95€

Gel Polish Removal

35€

PEDICURES

Regular Polish - Classic

80€

Regular Polish - French

90€

Gel Polish - Classic

95€

Gel Polish - French

105€

Gel Polish Removal

35€

MANI & PEDI PACKAGE

Regular Polish - Classic

165€

OTHER SERVICES

Nail Colour - Classic | 35€

Nail Colour - French | 45€

Extensions, acrylic, gel nails or related services are not available.

15. BODY HAIR REMOVAL

Eyebrow - 60€

Upper Lip - 40€

Chin - 50€

Under Arm - 50€

Half Arm - 50€

Full Arm - 65€

Bikini Line - 75€

Brazilian - 90€

Half Leg - 70€

Full Leg - 85€

Chest - 90€

Back - 90€

OTHER SERVICES

Make-up | 110€
Eyebrow Tinting | 40€
Eyelash Tinting | 40€

16.

HAIRDRESSER & BARBER

STYLING

Blow Dry

Short - 45€ | Medium - 50€ | Long - 55€

Setting (Rollers)

Short - 45€ | Medium - 50€ | Long - 55€

Hair Cut

Short - 55€ | Medium - 60€ | Long - 65€

Fringe Trim

15€

Girl's Cut (2 to 12 years old)

40€

Hairstyle

85€

Hairstyle for Children

50€

TECHNICAL

Colour

Short - 70€ | Medium - 80€ | Long - 90€

Colour Retouch

Short - 55€ | Medium - 60€ | Long - 70€

Colour Bath

Short - 30€ | Medium - 35€ | Long - 40€

Highlights

Short - 100€ | Medium - 130€ | Long - 160€

Lowlights

Short - 100€ | Medium - 130€ | Long - 160€

OTHER SERVICES

Supplement for Extra Long Hair (XL) | 30€

Kérastase Mask Application

Short - 12€ | Medium - 15€ | Long - 18€

16.

HAIRDRESSER & BARBER

KÉRASTASE RITUALS

Short - 30€ | Medium - 40€ | Long - 50€

BARBER

Haircut & Traditional Wet Shave

95€

Haircut & Finish

60€

Clipper Cut

40€

Razor Head Shave

55€

Traditional Wet Shave

50€

Beard Trim

35€

Boy's Cut (2 to 12 years old)

35€

17. BRANDS

SENSAI

SENSAI combines advanced technology with the supreme power of its signature ingredient, the Koishimaru silk. This extraordinary fusion of science and nature works in harmony with the skin, creating a silky perfection that enhances the unique beauty of every woman.



ILA created luxury organic skincare, spa products and treatments. Using the finest natural plant and mineral ingredients, wild-harvested in remote, untainted regions by artisan producers who value traditional, sustainable practices.



THALGO offers natural algae products with rare qualities. The active ingredients of algae are in a free state and the fine quality of the powder enhances skin penetration during a hot bath or one application.



CHARME D'ORIENT is a pioneer and a reference in the oriental cosmetics and beauty rituals, with the mission to share its vision of the oriental cosmetic Made in France, based on authenticity and efficiency.

17. BRANDS



GENTLEMEN'S TONICS' products are used in treatments and sold in over 60 countries and in some of the world's most luxurious and sophisticated environments. Using only the best plant-derived ingredients and entirely natural, the result is multi award winning products.



OPI has a focus on safety and innovation. Known for its exceptional formula, fashionable colors, iconic names and heavily-pigmented lacquers that are super rich, long-lasting and chip-resistant.



KÉRASTASE is a luxury French scalp and haircare brand since 1964. Kérastase has been revolutionizing the world of professional hair beauty and became the world renowned technological pioneer for scalp and haircare.

SPA ETIQUETTE

Reservations must be made directly with Serenity by telephone or e-mail. Please reserve your treatment as early as possible to ensure availability, particularly when booking multiple treatments and packages.

Guests who are not staying at the hotel are required to pay 100% of the value of the treatments at the time of booking in order to guarantee the appointments.

Should you require any service change or cancellation, please notify our team with a minimum of 6 hours' in advance. In case of non attendance or cancellation in advance less than 6 hours, we reserve the right to charge the full treatment value.

We recommend that you arrive at least 30 minutes before your treatment begins. This allows you to fill-in our health form, relax and enjoy the facilities.

Late arrivals cannot receive an extension of treatment time due to other appointments and specific scheduling.

Late arrivals will be charged 100% of the value of the treatments booked.

Serenity cannot be held responsible for lost or stolen items. Please avoid bringing valuables with you.

The use of swimming suit is mandatory while using the facilities.

The minimum age requirment for access to the Thermal Oasis is 16 years old.

Prices in Euros (€).
VAT included at the legal rate.
Prices subject to change without previous notice.

Discover our treatments
and our wellbeing programs that will
revitalize mind, body, and soul.



Serenity - The Art of Well Being

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